

## Benefits of Career Counseling

Career Counseling is not a one day event; rather it is a **process** which occurs over time, which can help a student feel confident they have explored their options and made the most appropriate choice.

The earlier the process of Career Counseling is begun, the more thorough and effective the search process can be for the student.

The investigation of the many career choices which Penn State University offers may help a student in choosing a major area of interest which the student may not have thought even existed.

The process of Career Counseling is an active one, which can help assure a student will have chosen a major from the wide range of existing possibilities.

- ❖ Familiarizes students with their individualized interests, skills, and abilities; through the use of career interest inventories.
- ❖ Explore the wide assortment of possibilities for majors at Penn State University by navigating the Penn State website.
- ❖ Provides information on average starting salaries, job descriptions, and likes and dislikes of professionals in career areas by the use of the Discover Program.

Helps a student find a career choice which they will be happy with, and from which they will be able to support themselves financially, through individualized discussions with a career counselor.

Eventually a student finds the major which is consistent with one's values, interests, skills, and abilities, through individualized interpretation of career interest inventories.