



THE REVOLT

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THE REVOLT, ISSUE 12

Trayvon Martin

Is there anyway to justify George Zimmer's role in death of teen

The killing of Trayvon Martin on February 26th of this year has sparked a heated, yet well-founded debate. Trayvon's story is a simple one, he was simply walking back to his girlfriend's house from a convenient store where he'd gone to pick up a pack of Skittles and an iced tea, but his simple story met a tragic end when neighborhood watchman George Zimmerman deemed him "suspicious" in his dark colored hoodie and white sneakers. In the call made by Zimmerman, on the 26th, he described a black male who was wearing a grey hoodie and white sneakers. When the dispatcher asked Zimmerman if he was following this person, Zimmerman replied that he was. The dispatcher then told Zimmerman "we don't need you to



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Why He/She Hates you

There will always be the quintessential aspects to our opposite sexes that drive us unequivocally insane, and for both sexes these aspects are completely different. Women, however, all seem to generally share the same opinions when it comes to describing the top 5 things

they hate about men and, honestly, they're a far cry from ground breaking news, so pay attention guys!

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AND OH SO MUCH MORE...

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Trayvon

continued from cover

do that.” Zimmerman disregarded that advice and said “they always get away” and what sounds like “fucking coons.” Zimmerman’s pursuit of Trayvon eventually led to a confrontation and the killing of Trayvon; the question that ensues is ‘why?’ Why did George Zimmerman shoot Trayvon? The answer to this question is where the story begins to pick up speed. Zimmerman claims to have been defending himself against Trayvon, who he insists attacked him first. If Zimmerman’s story is true, then, due to the “Stand Your Ground” law in Florida, the killing of Trayvon Martin was not necessarily unlawful. The “Stand Your Ground” law states that a person may use deadly force to protect him or herself if a stranger threatens their safety - get this - anywhere that they have a right to be. This law is at the center of the controversy surrounding Trayvon’s case because, in essence, it allows killers to roam free without consequence. Unless an attorney can prove beyond a reasonable doubt that the killer was not acting in self-defense in any way, he or she is rarely charged with murder.

Conversely, though, how can anyone be sure that Zimmerman’s story is anything but true? Zimmerman’s statement that Trayvon attacked him first was confirmed by a witness. Although he does not appear to have any visible injuries on police footage, neighbors report that Zimmerman was sporting two large bandages on the back of his head and a swollen nose on the day after the incident. If Martin did indeed attack Zimmerman



then should Zimmerman be charged? Has he done anything wrong? That is where the controversy lies. The “Stand Your Ground” law protects Zimmerman, as though he was fully within his rights to end a young man’s life, but just because the law says that what he did was justified does not mean it is, because the bottom line is that Zimmerman took a life. It was not a premeditated murder or done purely out of cold blood, but even still, it is a murder, and because of this many believe he should be forced to face the consequences of taking a life. Another point to consider, though, is how you might react in a similar situation – if in fact Trayvon did attack Zimmerman, and he felt his life was in danger, what he did was not necessarily right, but certainly understandable. If you were walking a street in the dark and were overcome by another human, would you not do

everything in your power to escape with your life? The answer is undeniably ‘yes’. What this case comes down to is the need to re-evaluate the law that makes killing “okay”, as well as the laws that allow ordinary civilians to carry guns. Furthermore, it calls to attention America’s great need to address the over-arching issue of stereotyping. We need to stop focusing on the belief that this issue comes down to racism, because his race doesn’t matter, black or white, Trayvon was a person, and his death needs to be addressed as such. On April 11, George Zimmerman was charged with second degree murder. The trial is sure to captivate a nation made up largely of people who want justice for what they believe was an unjustifiable act.

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SPORTS

Is Peyton Manning the Greatest Free Agent of all time?

The face of the NFL changed dramatically on March 20th, 2012, that is the date when Peyton Manning decided to take his talents to Denver. This decision has been met with some skepticism from analysts, as Manning eschewed the opportunity to throw to Larry Fitzgerald in Arizona or to be backed by an elite defense in San Francisco. However, Manning signed a five year deal with Denver and

Reggie White disagrees; Albert Haynesworth doesn’t

if the Broncos put the right pieces in place around him then the future Hall-of-Famer could prove to be the greatest free agent signing in NFL history. Which brings me to the point of my article, is Manning, in fact, the greatest player ever to grace the NFL’s open market? He has been heralded deservedly as such, but free agency has been around for almost two decades and there have

been a plethora of impactful free agents in that span of time. Only time will tell what Manning accomplishes in Denver, but in the interim I’d like to present to you a few other players who’ve made their case to be considered amongst the best (and worst) free agent signings of all time.

The Best

Reggie White - "The Minister of Defense" signed with the Green Bay Packers in 1993, the first year of free agency, and he certainly proved to be worth the investment. In six seasons with the team White averaged over 11 sacks per season and lead his team to the playoffs in every season he played in Wisconsin. Also helping his case is the Super Bowl record three sacks he recorded in the team's Super Bowl XXXI victory over the Patriots.

Deion Sanders - "Primetime" Deion Sanders is considered one of the best cornerbacks of all time, and rightfully so. He joined the 49ers in 1994 and led that team to a Super Bowl victory. Just a season later he did the same for the Cowboys. One has to wonder if either of these teams would have experienced the same amount of success were it not for the presence of "Neon Deion".

Curtis Martin - Unfortunately for Martin, the teams he played on were not as talented as he was, so his own greatness has been overshadowed. The Revolt is here to make sure that Martin gets the recognition he deserves. Martin joined the Jets in 1998 and broke the 1,000 yard mark in each of the next seven seasons. He ranks just below Emmitt Smith and Barry Sanders on the NFL's all-time rushing list.

Mike Vrabel - This is undoubtedly the most under-the-radar signing on my list, but it doesn't serve to diminish Vrabel's impact in New England. Vrabel did not start a single game as a Steeler and almost definitely could have been

characterized as eager for an opportunity. Well, New England gave him one and Vrabel didn't look back. Vrabel helped lead his team to three Super Bowl championships, not just through his stellar defensive play, but also because of what he accomplished on the other side of the ball. The linebacker appeared in some goal-line formations for the Patriots and managed to snag not one, but two Super Bowl touchdown passes.

Plaxico Burress -Burress' tenure with the Giants began with a bang and ended with a whimper. In his three full seasons with the team he averaged 1,075 yards and just under ten touchdowns per season. He also caught the game-winning touchdown pass in the Giants Super Bowl XLII victory over the Patriots. One has to wonder what else he could have accomplished with the Giants had he not shot himself.

The Worst

Albert Haynesworth - Haynesworth signed a seven-year,

\$100 million deal with the Redskins in February of 2009. He managed to play just two seasons in the nation's capital, recording 53 tackles and 6.5 sacks over that time-frame. Haynesworth was notoriously outspoken and out-of-shape during his time as a Redskin, failing to pass several conditioning tests and being quoted as saying that he would rather be someone who could just "go to Wal-Mart and hang out", rather than play for the Redskins.

Javon Walker - Walker agreed to a six-year, \$55 million deal with the Raiders in March of 2008. Like most free agent busts, he did not play out the length of his contract. He managed just 7 starts and 15 catches during his tenure as a Raider. Fortunately for him, however, he was paid around \$21 million for his two years with the team, that's over \$1,000,000 per catch!

Larry Brown - On the strength of two interceptions in Super Bowl XXX, Brown was able to turn his fifteen minutes of

fame into a five-year deal with the Raiders. He remained with the team for two seasons and started only a single game.

Adam Archuleta - Archuleta blew up at the 2001 NFL combine, which led to him being taken in the first round of that same year's draft by the St. Louis Rams. He had five successful seasons in St. Louis, during which he established himself as a solid in-the-box safety who excelled at defending the run and shorter passing routes. Archuleta hit the open market in 2006 and was quickly signed to a six-year, \$30 million deal by the Redskins. Archuleta managed just seven starts in D.C., primarily because the team expected him to be better in coverage than he was capable of.

Scott Mitchell - For every Steve Young or Kurt Warner there's a player like Scott Mitchell; a backup quarterback who was not able to succeed when thrown to the wolves. Mitchell began his NFL career as a backup to Dan Marino and impressed when given the opportunity to start due to injury. This garnered interest from around the league and eventually landed Mitchell with the Detroit Lions. There were high hopes for Mitchell, who inherited a team which boasted names like Barry Sanders and Herman Moore, but he was largely underwhelming and after five seasons was out of the motor city.



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On the Cover



From left: Shaggy, Olive Oyl, Charlie Brown, Jimmy Neutron, William Flintstone, Fred Flintstone, Beavis, Otto Rocket, Patrick Star

2012 NFL Mock Draft

Logan Godfrey reveals who your favorite team will take

2012 NFL Mock Draft – Logan Godfrey – 4/1/12

Round 1 – No projected trades

1. Indianapolis Colts – Andrew Luck, QB, Stanford

Andrew Luck is believed to be the most pro-ready passer since the man who he'll most likely be taking over for, Peyton Manning. The ground fell out from the Colts without Manning last season and they need to find a successor if they have any hopes of returning to the elite of the NFL.

2. Washington Redskins (from St. Louis Rams) – Robert Griffin III, QB, Baylor

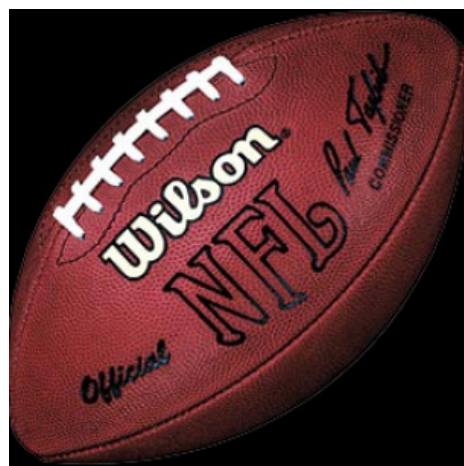
The Redskins gave up their next three first round picks and this year's second in order to move up four spots. RGIII is the most exciting prospect to come out since Michael Vick and he'll almost certainly be in the nation's capital next season.

3. Minnesota Vikings – Matt Kalil, OT, USC

This pick is almost as certain as the first two. With a franchise running back in Adrian Peterson and a first-round quarterback in Christian Ponder the Browns need a franchise tackle to facilitate their success. While not quite on the level of Joe Thomas, Kalil is undoubtedly the best prospect in this year's draft.

4. Cleveland Browns – Trent Richardson, RB, Alabama

The Browns lost Peyton



Hillis this offseason and that left Brandon Jackson as their most experienced rusher. If Colt McCoy is to start this season under center the team should certainly look to surround him with some better offensive weapons, Richardson qualifies.

5. Tampa Bay Buccaneers – Morris Claiborne, CB, LSU

Ronde Barber may have a season or two left, while Aqib Talib may spend a season or two in jail. With the offensive firepower in the NFC South, the Bucs absolutely need an elite cover man; which is just what Claiborne is.

6. St. Louis Rams (from Washington Redskins) – Justin Blackmon, WR, Oklahoma State

The Rams scored 16 offensive touchdowns in 16 games last season; Blackmon scored 18 in 13. This team is desperately in need of offensive firepower and Blackmon is the number one receiver prospect in this year's draft.

7. Jacksonville Jaguars – Michael Floyd, WR, Notre Dame

If Blaine Gabbert is to have any sort of success in Jacksonville than the team needs to surround him with better receivers than Laurent Robinson and Mike Thomas. Floyd fits the bill.

8. Miami Dolphins – Ryan Tannehill, QB, Texas A&M

The Dolphins' quest for a franchise-caliber quarterback continues. After missing out on Peyton Manning, Alex Smith and Matt Flynn, the team needs to make some sort of statement to their fan base that they're serious about winning.

9. Carolina Panthers – Fletcher Cox, DT, Mississippi State

The Panthers used to have a fearsome defensive line, but then Kris Jenkins and Julius Peppers departed for greener pastures. Cam Newton greatly improved this team's offense last season, but if they are to have any hopes of winning a championship then drastic improvements need to be made on defense.

10. Buffalo Bills - Riley Reiff, OT, Iowa

The Bills addressed their major needs via free agency this offseason, signing Mario Williams to bolster their pass-rush and resigning receiver Stevie Johnson. However, in the midst of their spending free they lost tackle Demetress Bell. Reiff provides an improvement over Bell and helps to improve what is shaping up to be an explosive offense.

11. Kansas City Chiefs – David DeCastro, OG, Stanford

It is rare for guards to be selected this high, unless they're considered an elite prospect. DeCastro certainly fits the bill. He'll help to blow open holes for Jamaal Charles and the newly acquired Peyton Hillis.

12. Seattle Seahawks - Luke Kuechly, ILB, Boston College

Kuechly is the best linebacker prospect in this year's draft class and with the loss of David Hawthorne the team could use a

presence in the middle of their defense.

13. Arizona Cardinals – Melvin Ingram, OLB/DE, South Carolina
The Cardinals do not shy away from taking the best player available, and that's Melvin Ingram. He would help to bolster a pass rush that has been lacking since Calvin Pace signed with the Jets in 2008.

14. Dallas Cowboys – Dontari Poe, DT, Memphis

Jay Ratliff has played well as a pass-rushing nose tackle in the Cowboys 3-4, but he's sized more like a 3-4 defensive end. If the team takes Poe they could put him on the nose and shift Ratliff over to end. If Poe could play up to his potential the duo could prove to be a devastating combination.

15. Philadelphia Eagles - Michael Brockers, DT, LSU

The Eagles addressed their two biggest needs this offseason, linebacker and offensive tackle, and are now afforded the luxury of taking the best player available. Andy Reid has never shied away from taking talented big men and Michael Brockers is one of the best in this year's draft.

16. New York Jets – Mark Barron, SS, Alabama

The Jets pass defense played well last season, but Darelle Revis can't cover everyone by himself. The Patriots have a wealth of talented pass catchers and the Jets need to provide Revis with some assistance if they have any hopes of usurping them as AFC East champions.

17. Cincinnati Bengals (from Oakland Raiders) – Cordy Glenn, OG, Georgia

With Andy Dalton now firmly entrenched as the starting quarterback in Cincinnati, the team could use an insurance policy. The wide-bodied Glenn will help to keep Dalton upright and open holes in the running game.

18. San Diego Chargers – Courtney Upshaw, OLB, Alabama

The Chargers had just one player who eclipsed four sacks last season and with Peyton Manning now in the AFC South they could certainly afford to bolster their pass rush.

19. Chicago Bears – Quinton Coples, DE, North Carolina

The Bears could certainly afford an injection of youth in their defense, with Peppers, Urlacher and Briggs all over the age of 30. Coples has the potential to be the next Peppers and would serve to light a fire under this aging defense.

20. Tennessee Titans – Stephon Gilmore, CB, South Carolina

With Andrew Luck about to enter the AFC South and Cortland Finnegan leaving the Titans, shoring up their pass defense is an absolute must if they wish to compete this season.

21. Cincinnati Bengals – Janoris Jenkins, CB, North Alabama

Fortunately for him the Bengals do not shy away from troubled players, just ask Adam Jones. He provides the team with a true replacement for Jonathan Joseph as well as an answer to Pittsburgh's Antonio Brown.

22. Cleveland Browns (from Atlanta Falcons) – Stephen Hill, WR, Georgia Tech

The Browns absolutely must improve their offensive firepower in this year's draft if they wish to provide Colt McCoy any chance of success. Hill has the size and speed to dominate.

23. Detroit Lions - Jonathan Martin, OT, Stanford

Matt Stafford proved his worth as a franchise quarterback last season, finally staying healthy for a full sixteen games. If the Lions wish to keep him upright then they must improve an offensive line which gave up 36 sacks last season.

24. Pittsburgh Steelers – Dont'a Hightower, ILB, Alabama

The Steelers have never been a team to shy away from stud linebackers, and that's what Hightower is. He'll replace James Farrior and provide a quality partner to Lawrence Timmons for the next decade.

25. Denver Broncos - Devon Still, DT, Penn State

The Broncos absolutely must get a presence inside with the departure of Brodrick Bunkley. Peyton Manning may not be in love with the choice, but it will help him in the long run as Still's presence will limit scoring opportunities for opponents.

26. Houston Texans – Kendall Wright, WR, Baylor

Kevin Walter had a nice run, but he isn't a true starting receiver. With Arian Foster, Andre Johnson, and Wright, the sky is the limit for the Texans' offense.

27. New England Patriots (from New Orleans Saints) – Dre Kirkpatrick, CB Alabama

Tom Brady isn't the reason the Patriots haven't won a Super Bowl in seven seasons, it's the defense. Devin McCourty took a big step back from his rookie season and if Brady is to have any hopes of getting another ring then the de-

fense must improve.

28. Green Bay Packers – Andre Branch, OLB, Clemson

It's no secret that the Packers need a complement across from Clay Matthews. He got double and sometimes triple teamed most of last season because opponents realized he was the team's only defensive threat. If the team wishes to hoist the Lombardi trophy again then they must draw some attention away from Matthews.

29. Baltimore Ravens – Mike Adams, OT, Ohio State

Adams would provide the Ravens with a book-end tackle across from Michael Oher. He's a tremendous run blocker and would help to open holes for Ray Rice.

30. San Francisco 49ers – Coby Fleener, TE, Stanford

The 49ers take a page out of the Patriots playbook by pairing two talented tight ends, Coby Fleener and Vernon Davis. Fleener

will be reuniting with his college coach and giving defensive coordinators nightmares.

31. New England Patriots – Nick Perry, DE/OLB, USC

The Patriots pass defense didn't suffer last season solely due to the ineptitude of their cover men, the pass-rush could use some help as well. Perry recorded 9.5 sacks last season and would be a welcome addition to a defense desperately in need of help.

32. New York Giants – Doug Martin, RB, Boise State

The Giant's aren't the ground n' pound team they once were, but they could still use a compliment to Ahmad Bradshaw after the loss of Brandon Jacobs.

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Why She Hates you

Cont. from cover

1.) The Know-It-All - This guy is:

1.) Never wrong (in his mind),

2.) Never able to admit that he might be wrong,

3.) Never able to admit that he may ever have been wrong in the past,

4.) Never able to accept that he may ever be wrong in the future.

This is the number one turn-off when it comes to a guy – women appreciate logic, and so they appreciate when you show your logic skills by realizing it is impos-

sible for you to always be right. When you refuse to admit defeat, women begin to believe you live in a world of delusion, in which you are the King, sole game-winner, and ruler of the world, and thus begin to lose faith in you – the first step towards a break-up.

2.) The "Chill" Guy - Do not, ever, tell a woman, to "chill". Synonyms: "relax", "calm down", and "stop freaking out"

Avoid at all costs.

3.) The Big-Shot – also known as "The Tool" - You drive a 1989 Buick Le Sabre, you are not a "boss".

The more you act like hot shit, the less women see you that way, so

keep this in mind the next time you decide to try to impress us by talking about your "sick-ass [insert flashy American muscle car name here]" that's been "in-the-shop" for the past year and a half.

4.) The Whiner

This is the guy who finds the cloud attached to every silver lining. If this guy found twenty bucks on the ground, he'd be upset that it wasn't fifty. Furthermore, this guy likes to play the "I'm-not-good-enough-for-you" card whenever he can to evoke pity from his female counterpart. A word to the wise: self-pity does not look good on any-

one guys, and trying to get her to go out with you by guilt-ing her into it isn't going to get you very far.

5.) The Man's Man

Women are not incapable of cutting down a tree, killing a spider, or taking out a linebacker (believe me, if a woman wanted to, she could take out an army of linebackers – she says "tampon" once and she's cleared the field) so please do not treat us as though we are. The next time you think we're not as strong or capable as you, think about the last time you had to worry about forcing a ten-pound human being out of your body and while you're thinking, you can head off to the kitchen and make us a sandwich.

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Why He Hates you

In the last issue of The Revolt I wrote a piece about how to tell if a guy isn't in to you. This time around I'm writing to inform our female readers about what it is that might be turning him off from you, other than him being an insensitive jerk of course.

Shopping - Don't get me wrong, it's not that guys care if their girl shops, they don't. It's when they get brought along for the shopping excursion that things sometimes go awry. When men shop it's usually with an item in mind and the time spent in the store will be devoted solely to getting that item.

Women however will head to the mall with no particular product in mind, solely because they enjoy shopping! That's unfathomable to most men and nightmares become reality when they're asked to come along. Truthfully we have no idea if that sweater matches your purse and we feel awkward just walking past Victoria's Secret. So ladies, next time you're going shopping please be more understanding when your man is reluctant to join.

Clingyness - We love you too, really we do, but please leave us alone! My guess is that so many marriages fail because of how

much time spouses spend together. Over time those little quirks you used to love about your other half start to annoy you. The circumstances are a bit different as it pertains to college students, but the concept is the same. Much of the thrill in dating is in the 'hunt', or the pursuit of someone. When you constantly ask us to hang out that thrill is taken away and we tend to lose interest. Now I'm not saying you must play hard-to-get to attract a guy, but try not to take it personally if he'd rather watch the game or hang out with the guys for just a day.

Jealousy - This one's crucial. Guys

usually find a bit of jealousy cute, it's when it becomes a serious issue that we begin to have second thoughts. This is especially true if the jealousy is coming from a girl who we're not yet officially dating. We understand if your last boyfriend was a jerk and cheated on you, and we sympathize, but we're not him! We're with you or pursuing you for a reason and you not trusting us could be a reason why we give up on you.

Withholding Information - It really irks me, and probably many other men, when a woman tells you she's 'fine' even though she clearly isn't. We really don't know what it is that we did wrong and you could save us both a lot of trouble by simply informing

us. The same applies to birthday and Christmas presents. We know you won't really won't be fine with whatever we get you, that's why we're asking. If you could be so inclined as to tell offer us a hint, or even tell us outright, then you'll avoid the awkwardness of pretending to love that hand lotion the lady in the mall told us you'd just love.

Talking - This one could come off as a bit mean, but it echoes the sentiments of many men around the globe. Some girls just talk too much! We turned up the radio because we like this song, please don't turn it back down. We'll be more than willing to hear all about your day in four minutes or so. It's not that we don't love to hear your voice, it's just something else has captivated us and we'd like to devote our undivided attention to it for just a few minutes. So ladies, if there's two outs in the bottom in the ninth and the bases are loaded please grant your guy a minute or two to get lost in the spectacle.

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Online Dating

In the not so distant past online dating was new and taboo, an activity that people may have been hesitant to join for fear of seeming like a total loser, and those who did join may have looked at it as their dirty little secret. In the last couple of years however the stigma has been considerably lifted, while more and more people move past the skepticism and preconceived notions and see online dating for its practicality.

In this day in age everyone is linked in to the internet, with smartphones enabling 24/7 access. We shop online, we pay our bills online, we reconnect with old friends online, so why not meet potential dates online? The laundry-list of "why not" reasons of the past is shortening day by day, with recent statistics showing that of the 54 million single people in America, 40 million have tried dating online; and online dating has a projected revenue of \$2.1 billion -proof that users are not just the desperately hopeless, tragically ugly, or pathetically awkward. In a lot of cases they are attractive, confident, and successful.

Even more convenient is the fact that current services cater to people seeking all kinds of relationships ranging from friendship, casual dating, long-term dating, hook-ups, even marital affairs and sugar mama/sugar daddy type arrangements. Although college campuses seem to create environments where dating occurs more organically, there's also a huge rise among college-aged users of on-



line dating websites, including sites targeted directly at students. Additionally, there are services aimed at senior citizens, and even ones specifically made for people of certain religious denominations and ethnic backgrounds.

With so many online dating options to choose from I thought I'd give a few of the more successful ones and follow up with sites that are humorous and/or seemingly unbelievable.

eHarmony- boasts that it is the #1 trusted dating service in America, and that it differs from others with its matching based on 29 dimensions of compatibility Zoosk- a "romantic" version of Facebook

Plenty of Fish- one of the best deals out there, free to initiate and reply to messages

Match.com- offers the most matches and best search tools

Chemistry.com- creates a database based off personality and interpersonal chemistry

Christian Mingle- narrows the dating pool to those serious about their Christianity Interfaith Mingle- search for people whose religion is important to them without restricting it to one certain faith

JDate- a Christian Mingle for Jews

ManPlay- dating services for gay men

PinkCupid- matches up lesbians

Our Time- singles over the age 50

Black Planet- exclusively for black daters

Student Love- college dating site that requires a .edu email address to register so

you know dates are authentic students

Ashley Madison- specifically for married people or people in serious relationships looking to stray, tagline is "Life is Short. Have an affair."

Date My Pet- pet lovers can connect here

Be Naughty- promises safe no-strings attached fun

Tall Friends- people of above average height that are most comfortable dating other tall people

Diamond Daddy- the ultimate Sugar Daddy website

The Ugly Bug Ball- serves the "aesthetically challenged"

Darwin Dating- dating for "beautiful people only" for survival of the hottest

Cougar Life- mature women looking for younger boy toys

420 Dating- website for pot smokers who want to hit the bong in the company of other marijuana lovers

STDMatch- for when those pesky stds get in the way, this is for singles who want a mate that shares their sexually transmitted disease

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Get Your Grub On

Local Food Deals

ATTENTION FINANCIALLY STRUGGLING COLLEGE STUDENTS: College is the last stage of our lives before we enter the work force as productive members of society. To get a good job that pays well, it isn't mandatory to have some sort of college degree, but it's certainly preferred. However, college is far short of cheap, and it can be hard to balance a job while going through school. Unless you have scientific

cally engineered your body to run without needing nourishment, then you have to eat like the rest of us. With tuition rising, gas prices skyrocketing, and pretty much everything getting more expensive, we're always looking to make some kind of deal when it comes to spending money. The Valley may not be the most exciting place in America, but it definitely has one thing to offer: countless restaurants with amazing food at decent prices. Whether



you're looking to get a cheap meal to make ends meet, or somewhere to go with friends to have a good time and a meal, there are plenty of places to cater to our appetite of cheap food.

-Grotto Pizza, Harvey's Lake:

-On Mondays they run a special for a regular, 1 topping pizza for \$5

-Tuesdays are All-You-Can-Eat-Pasta

-Wednesday is Wing Night
-Grotto also runs different late night specials, making it a great place to eat and relax by Harvey's Lake

-III Guys Pizzeria, Dallas Memorial Highway:

-On Mondays, stop in for a dozen clams for just \$2.25

-Tuesdays offer burger & fries combos for \$5, and Bar Pie pizzas with 1 topping for \$4.99

-Thursdays mark \$5.99 a dozen wing night as well.

-III Guys is a wonderful environment for the whole family, as well as excellent bar service for those over 21

-The Checkerboard Inn, Carverton Road, through Trucksville

-Stop in on Saturdays for \$5.25 Buffalo Bites

-Also running from Saturday to Monday, get a personal pizza with 1 topping for \$4.95

-Wednesdays hold their Steamers special for \$4.25 a dozen, along with a special on a very generous platter of delicious Spaghetti & Meatballs

-Tuesdays and Thursdays, head in for Old Forge 10-cut pies for \$9.50

-They also run many other dinner specials, if you look on www.checkerboardinn.com you can see their entire menu & specials

-Bo Brothers, Wyoming Avenue in Forty Fort

-Bo Brothers offers an ex-

cellent All-American dining experience at decent prices

-Mondays and Wednesdays hold their \$0.40 wings special

-Come in on Thursdays for \$5 dozen clams

-Again, for those looking to kick back with a couple of brews, every week night from 5-7PM is Happy Hour, along with Saturdays from 8-10PM. They offer your favorite drafts in pints, mugs and bottles ranging from \$1-\$1.75

-Pizza Bella, Wyoming Avenue, just off of 309

-Pizza Bella has multiple chains in Forty Fort, Plains, Dallas, Nanticoke, and Hanover Township; all offer the same excellent food and service at a reasonable cost.

-On Mondays, be sure to check out their XL pies for \$6.99

-Tuesdays are their "Seafood Night"

-Wednesdays marks "Free Topping Night"

-Thursdays are their "Mexican

Night", which is sure to offer a fine meal for you and all of your amigos/amigas.

-They have many more specials to offer, so be sure to stop in and see what you are missing for yourself.

This article is not meant to be a sales pitch for any of these restaurants; I am writing this in the simple hopes that you might read this and be inspired to go and check out these local food venues for yourself. Having lived in the Valley for just about my entire life, I have eaten at all of these places and more, and guarantee that you will find at least one that you might end up becoming a regular at. Whether you're on a tight budget and need cheap food, or just need a night out, there are plenty of places to eat to appease any appetite.

Written by: Casey Dawes
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Year-In Review

Way back in August, the 2011-2012 Penn State school year began. It's hard to believe that it's been only eight months since that first day, because a lot has changed since then. For many of us this was our first year as a part of the Penn State community and it has proved to be one we will never forget - we have seen ourselves conquer seemingly impossible classes and have turned strangers into friends, but even more importantly, we have pulled through one of the most horrifying moments in Penn State history while maintaining our community pride. Due to the scandal that altered the reputation of Penn State and caused the subsequent firing of Joe Paterno, a dark pall was cast on the Penn State community early in the year. Since November when the scandal was made public, information has continued to come out, shedding increasing amounts of light on the situation that changed Penn State forever.

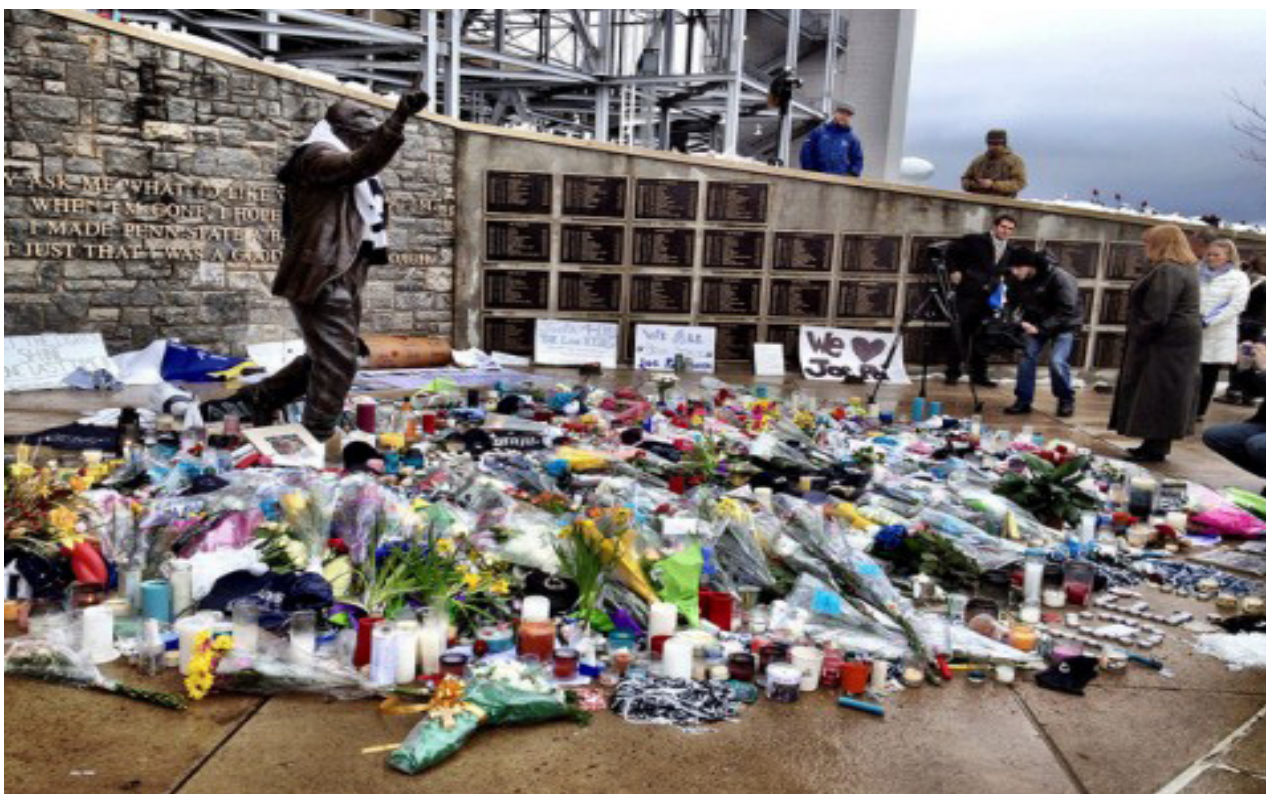
On November 4, 2011, Pennsylvania Attorney General Linda Kelly indicted the former Penn State assistant coach Jerry Sandusky on 40

counts of sex crimes against young boys on or near University property, following a three-year investigation. Sandusky was arrested the next day, and banned from Penn State the day after that. Once the investigation became public, several high level officials were dismissed or fired for perjury, failing to notify the authorities, or for trying to cover up the incidents. The most notable, however, was the firing of Paterno on November 9th, on the basis of having notified only University officials as opposed to law enforcement. The firing of Paterno initiated a fury of backlash from students and non-students alike. Riots broke out and caused up to \$200,000 worth of damage to the University Park campus. Not long after his removal from the position of Head Football Coach was it reported that Paterno had a treatable form of lung cancer, complications of which led to his death on January 22nd, 2012. Many people believe that the sadness of his dismissal after his 46 year history as head coach is what caused him to die so quickly.

On April 4th ESPN released a detailed report

on how Governor Tom Corbett was behind Paterno's firing. The report included several stories, including a reported sighting of the governor celebrating Paterno's firing shortly after the decision was made known, and another person disclosed a conversation they had had with Corbett where the governor said "I told them to do it". The source of the conversation was former Penn-State player Bob Capretto, who mentions that his reply to the statement uttered by the governor was "You don't realize what you have created here. The damage to Penn State is enormous". Although Corbett and a handful of Penn State trustees have denied these reports, more anonymous sources have begun to come forward and support the argument that he is in fact behind Paterno's firing. This is a big deal for Corbett, so we will most likely see more news on this in the days to come.

Now that the year is finally coming to a close, we can look back and realize how strong the Penn State community is. We were thrown into a college campus filled with people we didn't know, our loyalty and devotion to the University was tested numerous times throughout the year, and we turned people that were strangers at the beginning to lifelong friends at the end. Although more challenges are sure to surface in our many coming semesters at Penn State, this year proved that they are nothing we can't handle, after all, We Are...Penn State.



Letters to the Editor

Editor's Favorites



Bill O'Brian

I wonder what are the costs associated with damage to the University's property and infrastructure, be they through normal wear and tear, malicious activity, or forced alternative. I also wonder if there

is a cost associated with making respectful decisions with regards to the treatment of my campus. Turns out there is; \$15. Coincidentally, this is the cost of a ticket for parking a student registered vehicle in the staff parking lot adjacent to the Technical Center. While it is encouraging to see the increase of students in attendance, the available CUSTOMER parking is inadequate. My fellow students and I are faced with making some decisions given the lack of spaces. If time is of the essence, parking two miles away is not viable. You can park in the ghetto, only to be harassed by the mouth breathing maintenance staff. The fashionable forced alternative seems to be placing your truck or SUV above the curbing and in the grassy areas of the student lot. This practice damages the erosion protecting grasses and subjects the curbing to forces they were not designed to take, and while not immediate, the long term repair and replacement cost to the University will be noteworthy. —Michael Cefalo



Photo/Video credit: Getty Images

Response to: Tebowmania

I am writing in response to the recent article entitled "TEBOWMANIA: The NFL's Most Popular Player Leaves Fans With More Questions Than Answers". I found portions of this article strayed from the topic I believed I would be learning about. It made for lengthy and somewhat tedious reading with an abundance of unnecessary information... Simply put, I am curious how the title of this particular article came about because I felt there was such a lack of questions that were "left unanswered". While I realize the title is an individual's first impression of a story, misleading a reader is not in the best interest if said magazine or newspaper wants to be considered a responsible, reliable source of information. On the contrary, it sits on the verge of a rag magazine, with less than acceptable topic support. —Drew Walker



I am writing this letter on behalf of the article "Tylenol Be Damned: Unorthodox Hangover Remedies" in The Revolt. I had tried using all seven of the different methods that you stated in the article and each and every time I woke up, I still had a terrible hangover. I had even told some of my buddies to use the methods and they also told me that they still had gotten a hangover... It just made people want to drink more because they thought they were going to wake up feeling great.
— Concerned Student



I enjoyed reading article "What Women Want?" Issue 12 of The Revolt. At first, I had no idea what I wanted to get my girlfriend for Valentine's Day. I read that article and it helped me out... I applaud you for using a panel of ladies to help you with making suggestions to the majority of guys who were in my position. —James Taylor

I am writing to you about your recent "Vote or Die" article in The Revolt. My main quarrel is the snide comments about the Republican candidates. Making backhand comments about the candidates, such as telling potential voters they are lucky for not being familiar with the nominees, seems very unprofessional and offends Republicans such as myself. —Tyrell Cunningham



I appreciate Ms. Shubilla's effort to get Penn State students more politically involved by providing them with information like the deadline to register and the dates of primary debates... I come from Russia where the right to vote in free and fair elections is still in many ways being fought for. As an American citizen, I believe that we should treasure and take responsibly the freedom we have to elect the President of the United States. —Elena Viczorek

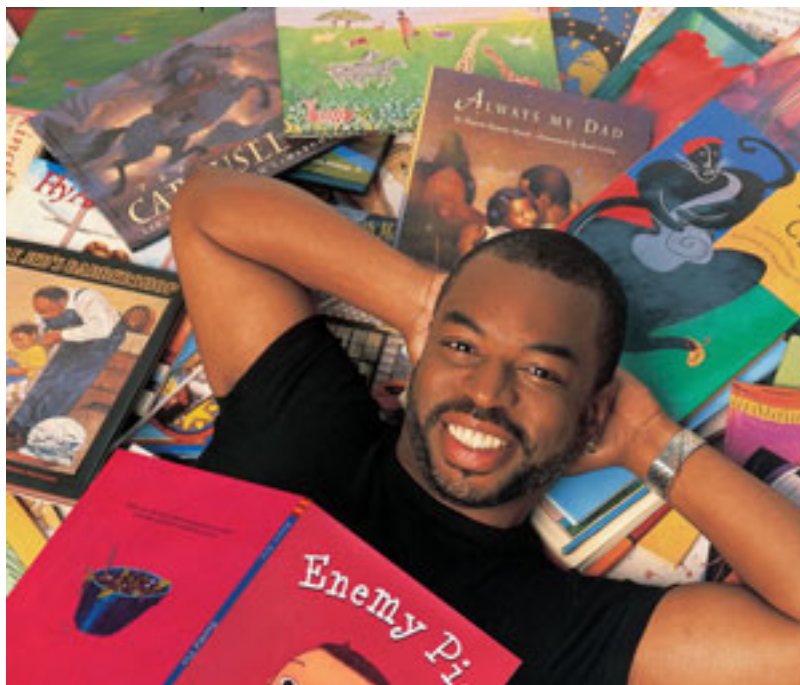


I feel your article coach Bill O'Brien. Lar Var Arrington made us look irrational... You could have chosen someone with a more eloquent and rational view on why they would be upset over O'Brien. Your article did not have any real cons to why O'Brien shouldn't be hired. Your only point was he never was head coach... I think you should have focused more on how O'Brien can be a good aspect to the team instead of the negatives. —Lindsay Clime
Picture from Penn Live.

WHAT+EVER

Reading

continued from page 2



Written by: Jon Suski
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Tattoo

continued from cover

We get it. You're a rebel. You drink from the carton. And your artistic sense manifests itself in permanent ink being punctured into your body because you want to show the world how badass you are. Thanks to the pioneering efforts of Popeye the Sailor Man, tattoos made it a whole lot easier to be part of the alternative crowd.

What are your tattoos saying about you?

Koi fish – You want a tattoo that's both graceful and relaxing for people to look at. What's more graceful and relaxing than a sparkling koi fish gliding through cloudy tank waters in your favorite Chinese restaurant? Why, nothing,

of course. So why not permanently scar your body with an image of this majestic fish? People will immediately know how smooth you are and probably feel relaxed in your presence. Interesting note- In china, koi fish represent spirituality. In America, they represent stupidity.

Crosses – So you decide to memorialize Jesus Christ's suffering by getting a few holes in your own body. Thankfully, somewhere along the way, someone decided that getting religious symbols tattooed on you was badass. So now you can show how filled with Christ's love you are without letting go of your street-cred. Interesting note- WWJD? – Not get a tattoo.

Barbed-wire – It's sharp and no one likes to touch it, much like the people who rock this timeless tattoo. You wanted something that said "tough," "dangerous," and "maximum security prison," and bars

are hard to distinguish from stripes when drawn on the body. What other options were there?

Other inanimate objects - So you like to hunt. Get a T-Shirt. I'm sure the last thing Bambi wants to see before he goes is his antlers etched into your side. Consider it an act of mercy.

Anyone's name – This just seems to scream, "Look at me, everybody! Somebody likes me enough to continue to associate with me even though I have their name permanently etched into my body."

Celebrity – If you thought it couldn't get worse than tattooing someone's name on yourself, here you go. It's creepy enough to get the name of someone you do know imprinted on your skin, but this takes it to a whole new level. If Bob Marley were alive he probably couldn't care much less that he'll forever hold a spot on your back. This also applies to

the logo of any sports team or other company.

Flowers – You don't see flowers running around with pictures of humans drawn on them. Which of us don't have brains?

Chinese writing/Tribal tattoo – If you speak Chinese this becomes acceptable. However, odds are that for most of the people wandering around America with Chinese writing on their skin, this isn't the case. If you must get a tattoo, get it in a language you speak fluently. The same goes for tribal tattoos. If you're more likely to be spotted in an Ed Hardy T-Shirt with your "bro's" than with your tribe, don't get one.

See Tattoo, page 12

Deja-Vu Hollywood Lacks Originality

Some of you may have noticed that Hollywood seems to have lost all of its originality. It appears they're following the three "quells;" prequel, sequel, and equal (remake). Doesn't anybody have their own ideas anymore? Directors and producers just keep rehashing the same old stories with half the success of the original. I think Hollywood needs to take a step back and come up with some new ideas.

America has been taking movies from other countries for decades. Sometimes, remakes can act as homage to how great a film was. More often than not though, it's simply a way to cash in on someone else's idea. Unfortunately, most Americans do not realize these movies are remakes so it makes it easier for them to like the movies when they have nothing to compare it too.

If you were to look at scary movies, a lot of them are remakes and people don't know it. Hills Have Eyes was a remake, the original was made in 1977 and did considerably better in the box office than its 2006 counterpart according to the Internet Movie Database (IMDb). In 77' Hills Have Eyes grossed an estimated \$25 million and had a budget of about \$230,000. The 06' version had a budget of \$15 million, but it only made a little over \$700 thousand. Another example would be Fright Night. The

remake in 2011 made \$8,114,388; however that was a short lived success. It grossed \$18 million but the 1985 original grossed over \$24 million according to IMDb. And as expected Footloose 2011 pales in comparison to the original 1984 version; not just total money grossed, but in the eyes of most film critics as well. Let's face it; just because one movie ends up being a total success does not mean if you remake it, it's going to be as big of a success.

That's not going to stop Hollywood from trying. Here are some movies that are being rebooted as we speak: American Pie: Who hasn't seen this movie? If you have then you would know that there is no reason for it to be remade. And if you thought it sucked, do you really think they can improve it? The new one is set ten years in the future with the Jason Biggs (Jim Levinstein) and Seann William Scott (Steve Stifler) reprising their original roles. It's hard to see what they could really be doing in the future. They have to be getting pretty old to be doing the sophomoric antics that charmed us in 1999. Will Finch still be after Stifler's mom? Will Jim be even more awkward? Do we even care? I think this will be just another one of those movies that everybody will be really excited for just to be let down when they actually see it.

The Birds: Originally made in 1963 and directed by the suspense master mind Alfred Hitchcock; Hollywood decided to remake it. The Birds in 1964 was nominated for an Oscar and won a Golden Globe in the same year. Granted the effects are almost guaranteed to be better and the movie is sure to be more gruesome and gory (as most scary movie remakes are). Hopefully they keep Hitchcock's sense of creepy mystery without completely copying it straight from the original.

National Lampoon's Vacation: "I think you're all f***** in the head", if you think this movie will be half as good as the original. Chevy Chase (Clark Griswold) will be back as the grandfather to Ross' and/or Audrey's children. I have a hard time believing this is going to be a good movie. If you look at other movies like Little Fockers, starring Ben Stiller and Robert Di Niro, did not even turn out to be half as good as the original, Meet the Parents. There's just no

way this new Vacation movie could have the same quirky fun the original had.

Pet Semetary: If you've ever seen the original you would know it was scary. Whenever Hollywood remakes a scary movie all they do is make it gorier. The first was rather gory and to add more it seems little overkill more than anything else.. Again, this is probably going to be one of those movies that everybody will have huge expectations for just to be disappointed in the theatre. The release for this movie is scheduled for 2013 and hopefully has the same creepy atmosphere as the original. My point is Hollywood has lost all of it originality and creativity because everybody is too afraid of losing money. I think playing it safe is hurting more than helping. Take a risk, Hollywood. The people want something new, something fresh, something they haven't seen before. I'm all for recycling, but Hollywood has taken it to a whole new level.

Written by: Kelsea McSparron
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Motorcycles

Summer's approaching, and as it gets warmer outside people begin to lose layers of clothing and car windows roll down. Who doesn't love the feeling of the wind blowing through their hair as they drive down the open road? There's just something about the feeling that makes people want to sing along with their favorite artist at a socially unacceptable volume. It's akin to riding your bike down the steepest hill in town when you were younger.

Now imagine a feeling more exhilarating than those two combined. As those who've already converted to two wheels can attest, there's nothing quite like riding your bike down the open road. Contrary to popular belief, motorcycles are for more than just the attractive troubled teens in sappy

romance movies. From mopeds to Harley's, there are options for anyone interested in riding.

Another added bonus is the money you'll save on gas. Many bikes and scooters get around fifty miles more per gallon than the average car or truck. In another cost-saving mechanism, motorcycle insurance is much cheaper than what might be expected for something which is viewed as dangerous by many.

Sophomore Mike Palkovic stated that he rides a motorcycle because, "it's economical and there's no better feeling than being on the open road." I would definitely encourage anybody looking to save a little cash or just curious about why so many people love riding to give it a shot. There are several free, state-sponsored training programs aimed at getting people ready for



the road and teaching them how to ride. When one earns their license they enter into a sort of unspoken brotherhood. Random gathering of bikes pop up all over the place, from either a few bikes parking near a few others or one group pulling up next to another, there is always a strong sense of community among riders.

A fuel saving freedom machine that grants one the opportunity to make new friends, I know, it almost sounds too good to be true. And that can be the case, if you don't treat it as seriously as experienced riders. Riding a motorcycle can be

very dangerous if the proper safety precautions are not met. It cannot be taken lightly as one wrong move can be critical. Of course, so long as you wear a helmet and ride responsibly then safety shouldn't be a major issue. That being said, summer's approaching quickly, and as temperatures continue to rise be sure to enjoy the road and watch out for motorcycles!

Written by: Ross Lessard
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What Women Don't want

This is a Public Service Announcement for all the guys out there who just aren't quite sure when to call it quits when pursuing a woman – you know who you are guys. If you're not sure, though, here are some questions to help you identify yourself:

- 1.) Have you asked her to hang out more than once, despite her constant response that she's "so busy"?
- 2.) Have you poked her on Facebook to get her attention?
- 3.) Do you text/call/speak to her every day or almost every day?
- 4.) Are you always the one initiating conversation?

If you answered "Yes" to any of these questions– this article is an important piece of literature for you because you may not know it, but you're striking out. The first thing guys have to know is that if a woman is interested in you, you'll know. Rarely, if ever, is she interested if you've ever truly questioned whether she's interested or not. Since women can sometimes be hard to read though, here are a few "red flags" to help tip you off that she's not into you:

- 1.) She's conveniently unavailable/ always has a reason why she can't hang out with you.

"I'm so swamped with homework", "I haven't been feeling great lately, I think I should just rest", "I'm so

sorry, my friend from out of town is in and I promised her we'd hang out", or any other seemingly lame excuse as to why she isn't available to spend time with you. This is the number one, classic sign that she isn't feeling you. To be fair, though, when women use this tactic it is almost always because they are trying to spare your feelings, guys. No woman ever wants to tell a guy "look, I'm just not interested in you", because, let's face it, it's just as uncomfortable and disappointing to hear it as it is to have to say it.

- 2.) She's sporadic in responding to your texts/calls/messages.

She can tell when you're trying, guys, and if you're texting her, calling her, messaging her on the book (that's facebook for those of you who are currently scratching your heads at my use of hilarious slang) and her response takes more than 45 minutes to an hour, she's avoiding the conversation. She can tell where the conversation is going, and she's afraid to send you signals that may lead you to believe she wants you, or, to be blunt, she may just not be interested in the conversation. No one wants to admit that, however, so as a general rule of thumb, back off if her responses are sporadic or curt (she uses responses like "okay", "haha", and "yeah" instead of ones that keep a conversation going).

- 3.) She never initiates conver-

Tattoo

continued from page 10

Breasts - If you expect to procreate someday, don't get a tattoo on your breasts. You'll be saving your child(ren) a world of embarrassment and avoid the suspicion that their mother was once a stripper.

Lower back - Do people really still

do this? If you're going to get a tattoo wouldn't you like to see it as well? Getting any sort of tattoo in this region of the body seems to act as an advertisement for how easy one is. If you want to receive any sort of respect from your peers, then this isn't the area to get inked.

Written by: Andrew Watkins & Aaron Bomba (ajw5396@psu.edu & ajb5158@psu.edu)

Written by: Aaron Bomba (ajw5396@psu.edu)

sation with you.

Following along with red flag number 2 – if you find that she never starts a conversation with you, she's avoiding contact where it's unnecessary. This is, again, to avoid giving you the wrong idea about her feelings for you. To be direct, if she wanted to talk to you – she would.

- 4.) She's ever used the word "friend(s)" to describe your relationship in any way.

You know, she knows, even your dog knows that when you open the text

that says "I'm so glad we're friends :)", she is sending you a clear sign to back off on the flirting, or the attempts to take her out. She doesn't want to have to tell you that she doesn't want to go on a date with you. There can be many reasons behind why a girl uses the f-word to describe your relationship, but more often than not it's because she doesn't see you in that way.

- 5.) She talks to you about other guys/what she wants in a guy.

Though sometimes when she's telling you what she wants in a guy it

can be a hint as to what she wants you to be like toward her, if she describes what she wants in a guy and you have less than three of those qualities, she isn't into you, and she's going to relatively desperate lengths to tell you without having to actually say it. If she talks to you about other guys, she views you as a friend, and that's that.

Throughout this article, women can certainly come off badly – trying to be sneaky to tell you they don't want you – but it's important to remember that being in the position to have to deny someone isn't comfortable for anyone, and in the end, she's trying to find a nice way to let you know she isn't interested without bruising your ego. So keep these red flags in mind the next time you pursue that cute girl in your math class and she starts sitting further and further away from you. Respect that being in the position to shoot someone down is an uncomfortable one, and don't put her in it – and hopefully the next time it's the other way around, she'll be able to tell that you're not interested and you won't have to pretend you dropped your phone in the toilet so you don't have to text her back.

Written by: Amanda Reiser (aer5236@psu.edu)



Muscles

Do women care about a man's body as much as men seem to, stereotypically, obsess over a woman's? The common answer would probably be no, because as men we tend to verbally put more emphasis on a woman's physique, where as women tend to verbally focus more on personality. But NEWSFLASH GUYS, this does NOT mean that women don't care!

People are attracted to different things and have different types, but attraction is still an essential aspect to both sexes when searching for a significant other. In an open poll 189 out of 200 women said that they would need to be physically attracted to someone to consider dating them, and out of those 11 in the other category 5 of them said they would consider it but weren't sure it would work. In an attempt to help the men on campus, I took a poll of 100 Penn State women in attempt to find out what women are attracted to. The poll question, what is your favorite muscle on a guy?

After polling 100 women I have found the top 5 muscles that Penn State women like and I have compounded these results with ways to improve of the desired areas. Working out isn't just a hobby, it's a habit; and hopefully knowing what women are looking at will help you turn it into a lifelong habit. Spring break may be over but summer is right around the corner, so think about these top 5 muscles the girls are checking out when you're getting ready getting ready to don that swim suit.

5th Place- Shoulders (Deltoids, Upper Traps)

Traditional Exercises: Shoulder Press, Lateral Raise, Front Raise, Upright Row, Shoulder Shrugs
Time Crunch? Best Exercise:

Shoulder Press
Whether sitting or standing, dumbbells or barbell, this is one exercise that really works your shoulders; giving you that wide, bolder shoulders look that will round out your t-shirt.

Already have this in your workout?

Try these variations: Seated Dumbbell Press on a Swiss ball, Alternating Dumbbell Press (seated or standing), Arnold Presses

Safety Tip: When going heavy always use a spotter. The spotter should be spotting by holding the wrists of the lifter when help is needed, NOT the elbows. Also, when doing standing exercises, a weight belt is suggested to avoid lower back injury.

4th Place- Butt (Gluteus Maximus)

Traditional Exercises: Squats, Lunges, Leg Press, Donkey Kicks
Time Crunch? Best Exercise:

Squats
Very well known, and usually the most loathed exercise by weight lifters everywhere. Squats are the best exercise for building leg and core strength, as well as hardening your glutes so you look good in that new summer pair of jeans.

Already have this in your workout?

Try these variations: Dumbbell Squats, Single Leg Squats (Dumbbell or Barbell), Sumo Squats, Box Squats
OR Physical Limitations- Switch it up to Leg Press, less stress on your knees and joints.

Safety Tip: When squatting you should always use a spotter. The spotter should be spotting by standing behind the lifter to help and avoid injury. Also, when lifting heavy and especially when doing barbell squats, a weight belt is suggested to avoid lower back injury.

Front Squats are great too, but they focus a lot more on the quad.

3rd Place- Back (Lats, Trapezius, Rhomboids)

Traditional Exercises: Rows, Lat Pull Down, Pull Ups, Straight Arm Pushdown, Pullover
Time Crunch? Best Exercise:

Pull Ups
One of the best combination workouts you can do. These, along with push-ups and crunches, are the military's bread and butter for strength training in boot camp.

Already have this in

your workout?

Try these variations: Rows- Dumbbell Row, Machine Low Row, Bent Over Row, T-Bar Row

OR Physical Limitations- Can't do pull ups? Try assisted pull ups or lat pull downs to strengthen the muscles around your back so you can do your own pull up.

Safety Tip: Doing pull ups in any variation (overhand, underhand, neutral, or wide) should be done to the front so your face is looking at the bar. Doing pull ups behind your head can stress out the joints in your shoulders and putting too much pressure on your neck. Also, if you have to jump to grab the bar, try standing on a box and lifting your feet while performing this exercise so that you can avoid turning an ankle or hurting your legs when jumping down. For rows, make sure your back is straight when doing any type of row, this does not mean vertical! Just make sure that your back is not rounded or arched unnaturally.

2nd Place- Biceps

Traditional Exercises: Different Variations of Curls
Time Crunch? Best Exercise:

Barbell Curls
Barbell curls are the best exercise for building up the front muscles in your arms because it hits your biceps, wrists and forearms. It also makes it harder to cheat while doing this, whether standing or sitting, because both arms have to work together.

Already have this in your workout?

Try these variations: Hammer curls (outside or inside), preacher curls, concentration curls, French (aka Front) Curls

Safety Tip: When going heavy always use a spotter. The spotter should be standing in front of you while spotting and focused on helping lift the barbell up if the lifter reaches failure. To avoid rocking, try

Written by: Michael (mdb5203@psu.edu)

Maybe he's not into you

Men are often perceived as totally clueless as it pertains to women, even the strongest of men sometimes stumble over their words when in the presence of a pretty girl. But is the opposite true as well? We've all been on this Earth for the better part of two decades and thus, have likely experienced rejection. It's an unfortunate fact of life and it's also what makes us so reluctant to reject someone else. It's a shitty feeling and one we don't wish to cause anyone else, at least not directly. So we drop hints in hopes that you'll get the message before it goes too far. Ladies, here's a list of a few of these hints to keep an eye out for so that we can both avoid that shitty feeling of rejection.

1.) He never asks you to hang out

If it seems like he's avoiding you, he is! Most of us have a strategy for the "courting" phase of a relationship, and very rarely does it include three months of inconsistent text messages and broken dates. A date should be planned within one-two weeks of the "talking" stage. Men have notoriously short attention spans and odds are if we don't have a first date planned within a few weeks of meeting you, then we never will.

2.) You only hang out when the sun's down

Now maybe your guy works all day or busies himself with schoolwork and really is only available to see you by night. However, if you know that this isn't the case and your hang-outs seem to consist of a lot of "adult extracurricular activity" than odds are he's not interested in a relationship with you. I don't want to say that chivalry is dead, but it's safe to say that it's in decline. If you're currently in a "relationship" that seems to mirror this then that's your prerogative; as consenting adults, nobody can cast judgment on you. However, don't say The Revolt didn't warn you when he doesn't want to take your relationship to the next level.

3.) Conversation is lacking or non-existent

Referring back to my first tip in which I mentioned inconsistent texting, this isn't an accident! We live in a society driven by technology and very few people go an hour between text messages with someone they really want to talk to. Furthermore, if when he does text you his texts consist of less than ten characters, odds are his interest in you is lacking. The same goes for phone calls, if he rarely answers you or seems urgent to end the call when he does, then the writing is on the wall.

4.) He makes it a point for you to see him with other girls

Although this isn't the kindest of strategies, it is one that has been employed by men in the past. If every time you log onto Facebook you can't help but notice that he's posted on another girl's wall, or there are a bunch of girls posting on his wall, this may be his way of informing you that he's not interested in a committed relationship. This method isn't limited to Facebook, as you might have noticed he always seems to be flirting with another girl whenever you're around. He may just have a naturally flirty personality, or he may be trying to make you see that he isn't the ideal mate you once pictured him as.

5.) He talks to you about things you couldn't be any less interested in.

Now hear me out, some guys really are just oblivious and think you want to hear about the Yankees' 27 World Series victories, but most of us know better. If his conversations with you revolve around things like how many beers he can drink, hunting, belching, farting, or the intimacies of his previous relationship, he might be trying to turn you off. And if he's not, is that really the type of guy you want to involve yourself with?

Written by:
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**CELEBRATE THE END OF TERM
BUS AND "A" TRAIN TRIP TO HARLEM, NYC**

Saturday, April 28



Lois Mailou Jones

Planned Itinerary:

Leave Martz bus station, Wilkes-Barre 7:20 am

Take the "A" train to Harlem

Lunch at Sylvia's Harlem Restaurant: "Queen of Soul Food," 11:00-12:30

Harlem Heritage Walking Tour: The Harlem Renaissance, 1:00-3:00

Schomburg Center for African-American Research 3:30-4:00

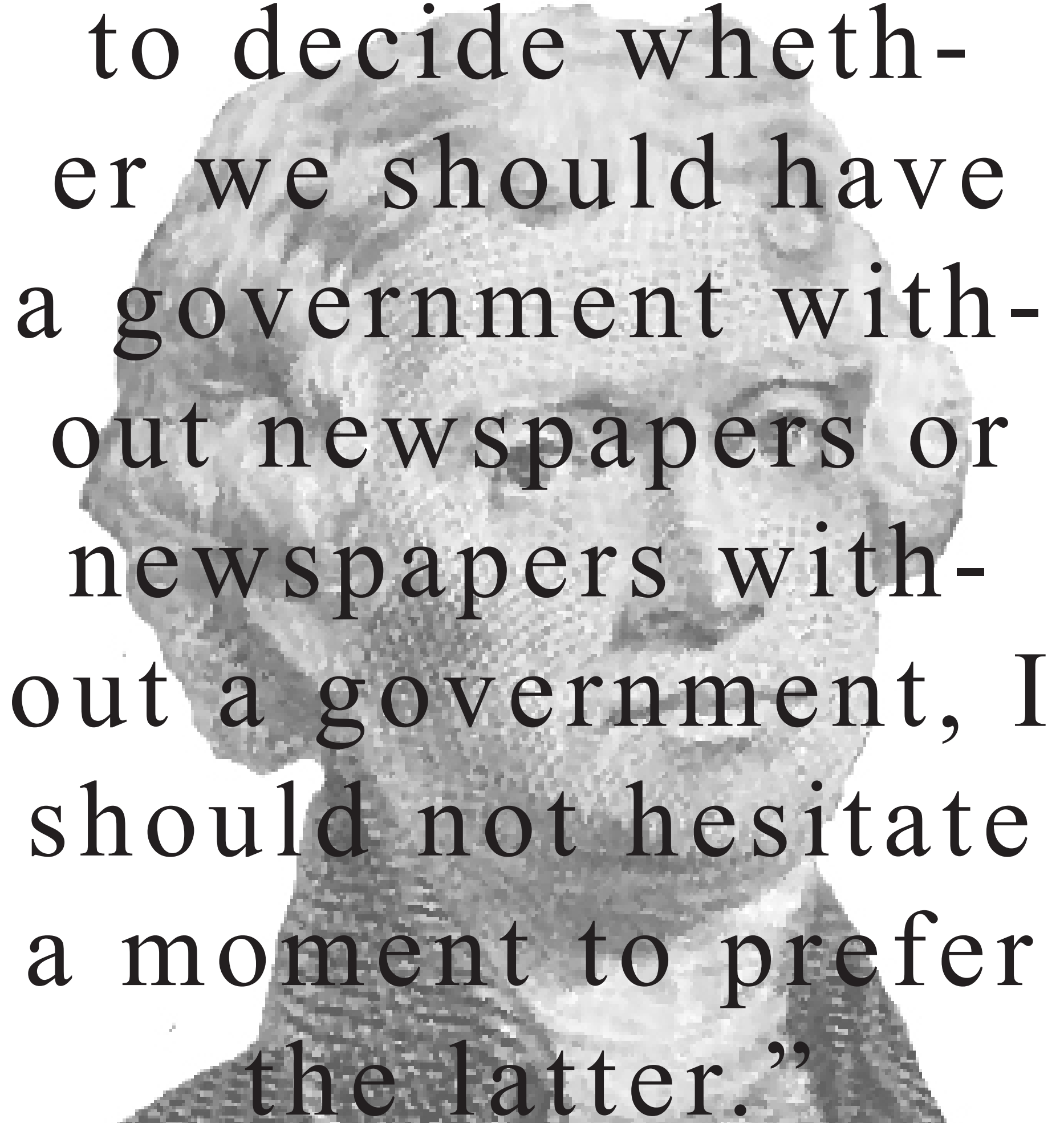
Return to Martz Bus Station, W-B, 8:00 pm

SAF funded Program

Student Cost: \$10.00

TO SIGN UP: CONTACT DR. STEVEN PUTZEL

sdp4@psu.edu



“Were it left to me
to decide whether
er we should have
a government with-
out newspapers or
newspapers with-
out a government, I
should not hesitate
a moment to prefer
the latter.”

-Thomas Jefferson

THE REVOLT

